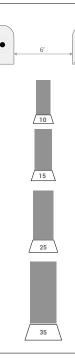
# ACTION PISTOL COURSE OF FIRE QUICK SHEET



## BARRICADE

Start Position Handoun holstered with hands flat on barricade.

#### 10 yard line (Unloaded Sight Picture Allowed)

String 1: 6 shots on 1 target from 1 side of barricade in 5 sec. String 2: 6 shots on the remaining target from the alternate side of the barricade in 5 sec.

#### 15 yard line

String 1: 6 shots on 1 target from 1 side of barricade in 6 sec. String 2: 6 shots on the remaining target from the alternate side of the barricade in 6 sec.

#### 25 yard line (Loaded Sight Picture Allowed)

String 1: 6 shots on 1 target from 1 side of barricade in 7 sec. String 2: 6 shots on the remaining target from the alternate side of the barricade in 7 sec.

#### 35 vard line

String 1: 6 shots on 1 target from 1 side of barricade in 8 sec. String 2: 6 shots on the remaining target from the alternate side of the barricade in 8 sec.



### PRACTICAL

### Start Position

Handgun holstered with wrists shoulder high.

bulletin



10 vard line String 1:1 shot each target in 3 sec. String 2: 2 shots each target 4 sec. String 3: 3 shots each target weak hand only 8 sec.



#### 15 vard line

String 1: 1 shot each target in 4 sec. String 2: 2 shots each target 5 sec. String 3: 3 shots each target 6 sec.



50 yds.

#### 25 yard line

String 1:1 shot each target in 5 sec. String 2: 2 shots each target 6 sec. String 3: 3 shots each target 7 sec.

#### 50 vard line

String 1: 1 shot each target in 7 sec. String 2: 2 shots each target 10 sec. String 3: 3 shots each target 15 sec.

# MOVING TARGET

#### Start Position

Handgun holstered with wrists shoulder high. Target begins on the right side of the range moving left for the first string and left to right for the second. This is repeated throughout the course

#### 10 yard line

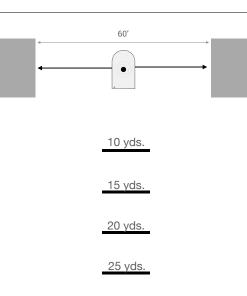
String 1: 6 shots on target String 2: 6 shots on target

#### 15 yard line

String 1: 6 shots on target String 2: 6 shots on target

#### 20 vard line

25 yard line String 1: 3 shots on target String 1: 3 shots on target String 2: 3 shots on target String 2: 3 shots on target String 3: 3 shots on target String 3: 3 shots on target String 4: 3 shots on target String 4: 3 shots on target



# FALLING PLATE

Start Position Handgun holstered with wrists shoulder high.

### 10 yard line

15 yard line

20 vard line

String 1:1 shot per plate 6 sec. String 2: 1 shot per plate 6 sec.

#### String 1:1 shot per plate 7 sec. String 2: 1 shot per plate 7 sec. 15 yds. String 1:1 shot per plate 8 sec. 20 yds. String 2:1 shot per plate 8 sec.

10 yds.

25 yds.

25 yard line String 1:1 shot per plate 9 sec. String 2: 1 shot per plate 9 sec.